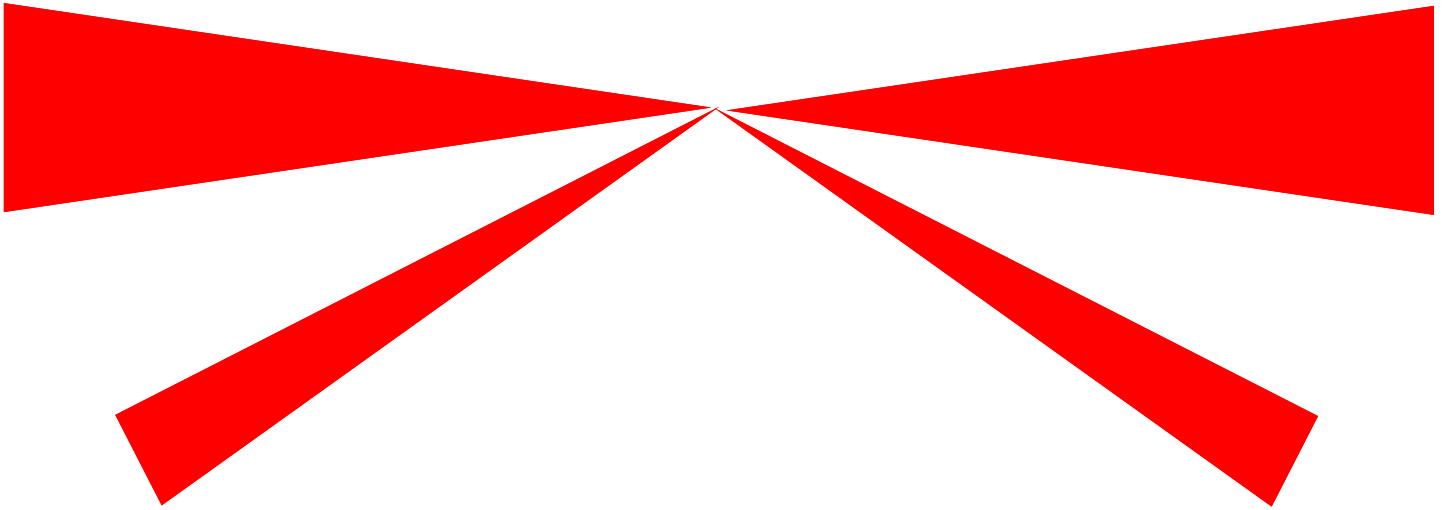


TEST #13 for 2nd Gup Red



Front Stance Scissor Block
Tae Geuk 5 and 6 (7 for extra credit)

7 Single Kick Offensive Strategies—
(Head, Double and Axe Kick Versions if Possible)
Complete the Circle Counters (Back Kick & Paduchagi)

Ground Bear Hug Defense

Moo Duk Kwan Principles 7 & 8

Minimum Classes: 260

Usual Time In Dec. 3rd Gup: Four Months

Papers Due: MDK 7 & 8 Coloring or Essay

Graduation Board Break:
Lead Hand Back-fist or Jump Turn Side Kick