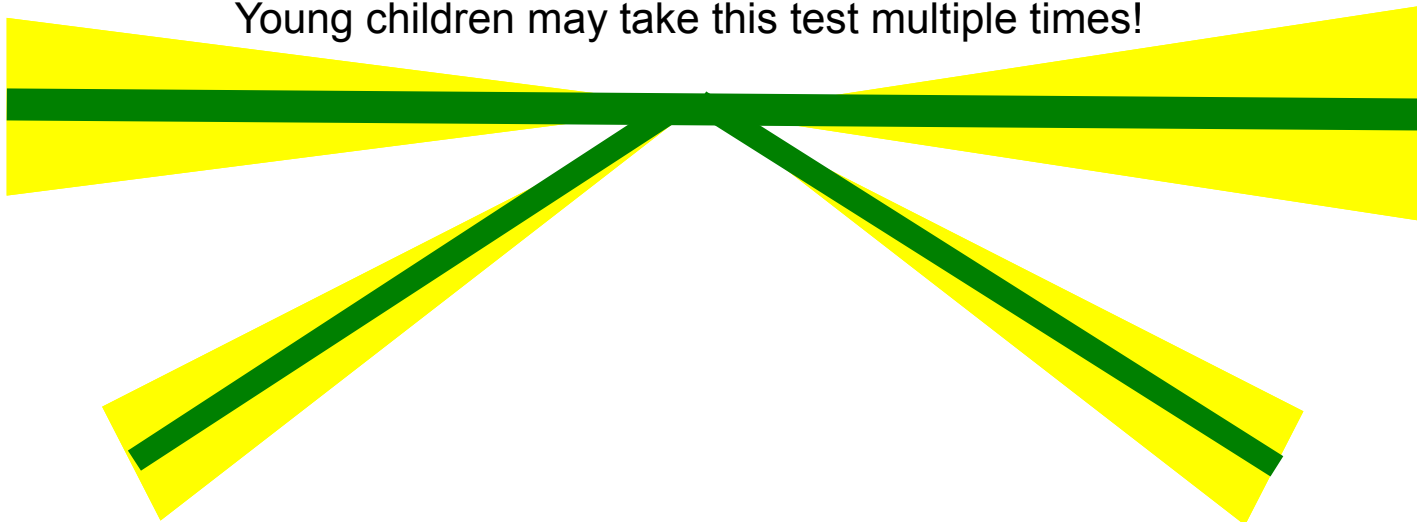


# TEST #4 for 7th gup Yellow/Green

Young children may take this test multiple times!



Front Stance, Back Stance, Horseriding Stance

Single Chop Block (Back Stance)

Side Kick and Turn-Side Kick

Basic Positions Pledge with 3-Move Combo

Tae Geuk 1 (Tae Geuk 2 is extra credit)

Sparring: Opposite Side Counters

A-Shape Punch Defense

Front Neck Grab Escapes:

*Pluck and Kick and Arm Over, Trap, Strike*

Rear Neck Escapes: *Arm Over, Trap, Strike and  
Shoulder Slam, Pluck, Groin, Head, Head, Palm, Knee*

8th Gup Terminology

Recite & Explain Gold Medal Attitudes 1 and 2

Minimum Classes: 70

Usual Time in 8th Gup: 4 months

Papers Due: Gold Medal Attitudes 1 & 2 Coloring or Essay

**Graduation Board Break:  
Side Kick or Cross-Body Elbow**