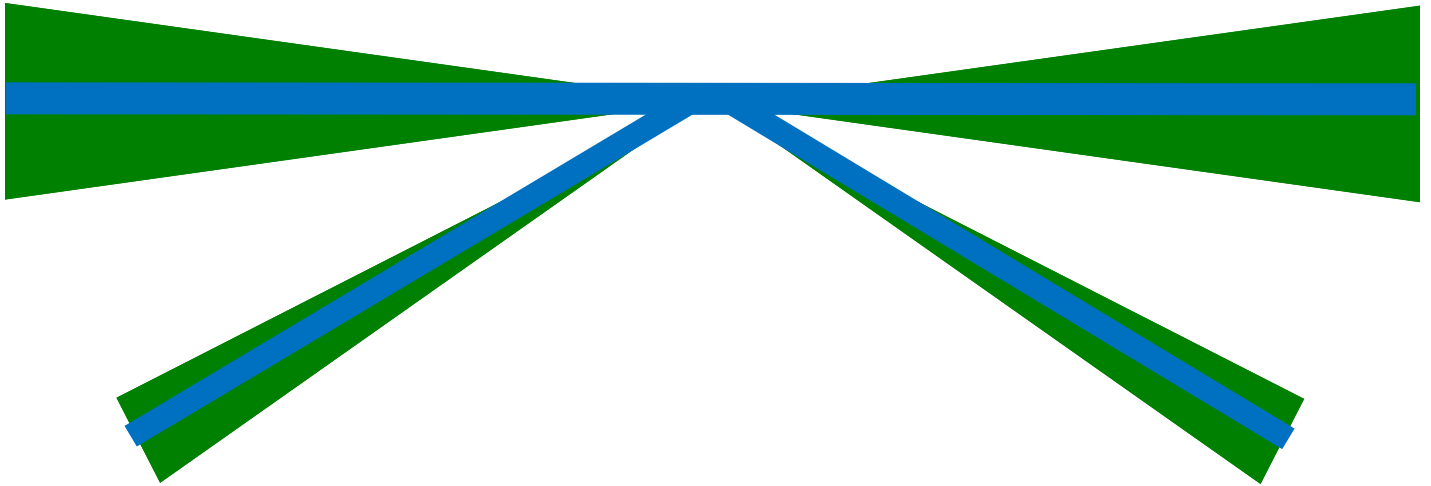


TEST #7 for 5th Gup Green/Blue



Front Stance Forwards Back-Fist
Tae Geuk 1, 2, and 3
Hook Kick

Right Back Kick against Fast Kick
Using a Trap (Step-In) Back Kick

Punch Defenses: Slam/Stay, A, B, & C
Defense Against Headlocks:

Bent From Rear: *Tuck, Swim, Stand, Strike*

Bent From Front: *Protect and Strike, Drive, Drive, Turn, Strike*

Gold Medal Attitudes 7 & 8
6th Gup Terminology

Minimum Classes: 140

Usual Time In Dec. 6th Gup: Four Months

Papers Due: GMA 7 & 8 Coloring Pages or Essays

Graduation Board Break:
Lead Hand Knife Hand or Flying Side Kick