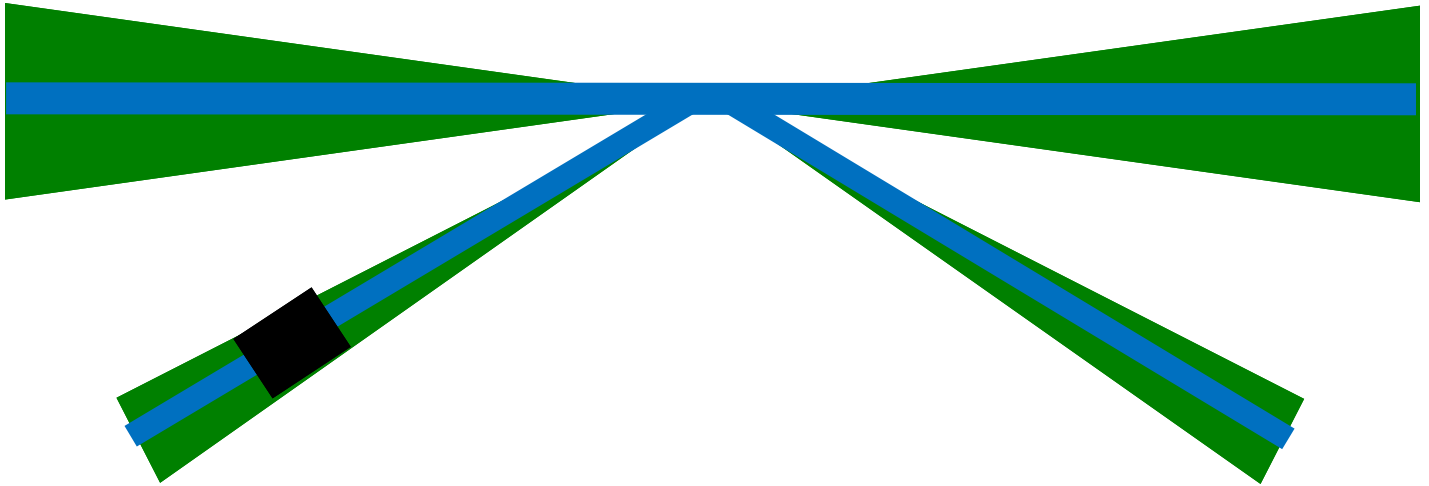


# TEST #8 for “Decisive” 5th Gup



Belt Tied Correctly

Tae Geuk 4

Basic Positions Pledge with 3-Move Combo

Front Leg Head Kicks: Axe, Fast, and Hook

Sparring: Check & Kick

Evade and Return Counters Against Back Kick

Defense Against Rear Bear Hugs:

Arms Caught: *Drop, Groin, Head, Head, Head, Palm, Grip, Knee*

Arms Free: *Drop, Elbow, Elbow, Elbow, Head, Palm, Grip, Knee*

(Also know versions for if picked up and if their head is tucked against your back.)

Pushups, Squats, and Step Lunges

Gold Medal Attitudes 9 & 10

Minimum Classes: 150

Usual Time In Rec. 5th Gup: Two Months

Papers Due: GMA 9 & 10 Coloring Pages or Essays

**Graduation Board Break:**

**Downward Knife Hand or Step-In Turn Side Kick**