

Requirements for Higher Degrees of Black or Junior Black Belt

Pass 20 Basic Competencies Each Time

Meet Behavior and Attitude Requirements Each Time

Compete at Least Once with Rank Form

Koryo– 1st Degree

Keumgang– 2nd Degree

Tae Beck– 3rd Degree

Requirements Since Last Degree	for 2nd Degree	for 3rd Degree	for 4th Degree
Blue/Red/Black Belt Classes	150	225	300
White or Yellow/Green Belt Classes	25	35	45
Monthly Black Belt Classes	9	14	18
Tournaments/Demo	5	8	10
Help at Graduations	5	8	10
Options (See Chart)	3	4	5

Requirements for higher than 4th degree are determined individually.

Optional Requirement Choices for 2nd-4th Degree Black Belt Tests

***Book/Video**—Report on a Taekwondo, other martial art, or self defense book or video presented at monthly black belt class.

Teaching— Double teaching credits, lead stretching set, other related assignments as available.

Competition—20 competition classes and 5 special events like seminars, tournaments, or multi-school sparring practices.

***Form**—Learn a weapon or other Korean martial art form like stick form or two Palgwe forms. You will show it at both a regular graduation and your graduation to your next rank.

Refereeing—Assignment on referee manual, work 2 local tournaments and many practice tournaments.

Weapon Defense—Pass any two LCSD 2-week weapon defense seminars.

Chunkido—30 Chunkido classes, seminar=5 classes

Create your own—Turn in plan months in advance!

*You can do up to two in these categories and still count it as two “options.”