

Further information for 8/27 2016 Gold Medal Taekwondo Championships.

-Map -Schedule - Hotel Choices -Event Details

Fri. Aug. 26 2016

Referee Meeting at GMTKD 6-8 PM
Weigh/Check-In Option GMTKD 5-8 PM or at LCCC Saturday about 1 hour before your first event.

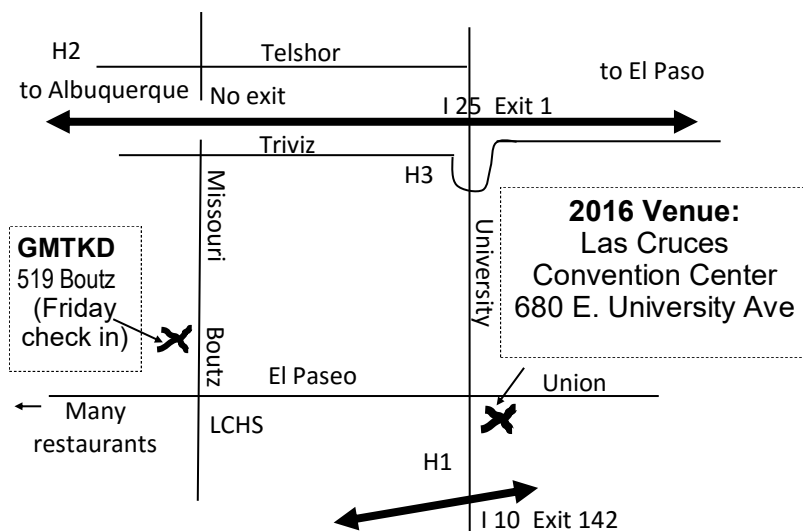
Sat. Aug. 27 2016

8:00 AM LCCC Open for weigh/Check in

Report to Holding area or *Special Ring* as follows:

- 9:00 AM** Tae Geuk/Basic Forms ages 3-7
- 9:20 AM** Tae Geuk/Basic Forms Age 8/9
- 9:40 AM** Tae Geuk/Basic Forms Age 10/11
- *10:00 AM** Other Forms & Breaking Age 3-7*
- *10:30 AM** Other Forms & Breaking Age 8/9*
- 11:00 AM** Sparring ages 3-5 and 6/7
- *11:30 AM** Other Forms & Breaking Age 10/11*
- 12:40 PM** Sparring Age 8/9
- *1:00 PM** Other Forms & Breaking Age 12-14
- 1:30 PM** Sparring Age 10/11
- *2:00 PM** Other Forms & Breaking Age 15 & up
- 2:30 PM** Tae Geuk/Basic Forms Age 12-14
- 3:00 PM** Tae Geuk/Basic Forms Age 15 & up
- 3:30 PM** Sparring Age 12-14
- 4:00 PM** Sparring Age 15 & up

If you have questions call **575-526-4429** even on the tournament day



WTF (Tae Geuk) Forms— One division for Tae Geuk 1 & 2, another for 3 & 4, another for 5 & 6, another for 7 & 8, black belts will likely have divisions for Koryo, for Keumgang, and for Taebeck and higher. **Scored**

Basic Forms— For white belts only, performing forms that are simpler/shorter than Tae Geuk 1. **Scored**

Other Forms— This event will include modified traditional forms, forms created by the student, palgwe forms, and any other series of moves performed empty handed or with practice weapons. No music. 90 second time limit. **Scored.**

Sparring— Two one-minute rounds for most, 3 2-min rounds for black belts 12 & up. Mouthpiece, in-step, etc. required. Light contact 3 point head kicks (except for black belts 15 and older which will be full contact). 1 point bonus for spinning kicks. **Single elimination!**

Breaking— You may bring your own boards or other breaking materials. Boards will also be for sale at tournament. Your choice of thickness and number of boards. Deduction for longer than 1 minute to set up.

Suggested Hotels

(with indoor pools, breakfast, & wireless internet)

- H1 Ramada** ramadalascruces.com 575-526-4411
\$75+tax for king bed, \$85+tax for two queen
- H2 Holiday Inn Express** 575-522-0700
register online at www.hiexpress.com/lascruces-n
(code TTM for \$109+tx a night double queen)
- H3 Comfort Suites** 575-522-1300 \$89 hot breakfast, fridge & microwave, 2 queen + pullout
- Sleep Inn** 575-522-1700 \$79 2 queen.

Reserve early & mention taekwondo tournament!